Children’s Hospital and Health System
Children’s Community Health Plan Policy and Procedure

This policy applies to the following entity(s):

- CHW – Milwaukee
- CHH Foundation
- CHW – Community Services Division
- Children’s Medical Group - Primary Care
- Children’s Medical Group - Urgent Care
- CHW – Fox Valley
- CHW - Surgicenter
- Children’s Community Health Plan
- Children’s Specialty Group
- CHHS Corporate Departments

Medical Utilization Management Policy

SUBJECT: CUSTOM FOOT ORTHOTICS

INCLUDED PRODUCT(S):

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<thead>
<tr>
<th>Medicaid</th>
<th>Commercial</th>
<th>Marketplace</th>
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<tbody>
<tr>
<td>☑ BadgerCare Plus</td>
<td>☑ Together with CCHP</td>
<td>☑ Together with CCHP</td>
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<td>☑ Care4Kids Program</td>
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PURPOSE OR DESCRIPTION:
The purpose of this policy is to define criteria for the medically necessary use of Custom Foot Orthotics (CFO).

POLICY

Appropriate uses of Custom Foot Orthotics include:

There is arch, heel, or other foot pain and diagnosis of:

1. Juvenile idiopathic arthritis
2. Pes cavus (high arch)
3. Other, including plantar fasciitis and pes planus:
   a. Symptoms present for at least 3 months
   b. Conservative measures have been tried first, as indicated by one of the following:
      i. Physical therapy
      ii. Trial of prefabricated orthotics

Effective: 5/16
Reviewed:
Revised:
Developed by: CCHP Medical Directors and Director Health Plan Clinical Services
iii. Trial of anti-inflammatory medications
iv. Adjustment of activities
c. Member has been evaluated by the prescribing provider AFTER the conservative measure(s) has been tried and the ongoing need for the CFOs are documented

For replacement CFOs:
1. At least 12 months since last CFO dispensed, AND
   a. Documentation the initial CFO is worn out or too small if member is a growing child, AND one of the below:
      i. Initial CFO was effective and member was using
      ii. Member re-evaluated by a prescribing provider and ongoing need documented.

REFERENCES


