



No-Bake Energy Bites

Serving and Prep

- Prep Time: 15 mins
- Cook Time: 60 Mins
- Yield: 24 servings

Ingredients

- 1 cup rolled oats
- ½ cup mini semi-sweet chocolate chips
- ½ cup ground flax seed
- ½ cup crunchy peanut butter
- ½ cup honey
- 1 teaspoon of vanilla extract

Instructions

1. Combine oats, chocolate chips, flax seed, peanut butter, honey, and vanilla extract together in a bowl.
2. Form into balls using your hands.
3. Arrange energy bites on a baking sheet
4. Put in freezer for 1 hour.
5. Serve.