



Do you want to save **money** on groceries and meet your health goals?

Get the Foodsmart digital platform on App or Web. **Free for you.**

Thanks to CCHP, you get **free, unlimited one-on-one coaching sessions**, where a registered dietitian nutritionist will help you:

- **Save money on groceries** (~34% per order) by instantly comparing prices at places like Walmart, Meijer, and more
- **Achieve long-term weight loss** and improve chronic health conditions, like diabetes
- **Create meal plans and find new recipes**, based on your preferences, budget, and what's in your pantry
- **Save 2 hours each week** on buying and preparing food
- **Use SNAP/EBT to buy groceries** that fit a SNAP budget

Foodsmart is for everyone. It doesn't matter whether you're managing a medical condition, want to eat smarter, or just want to save money on your groceries - your nutrition coach is here to help.

Sign Up Instructions

Go to <http://www.foodsmart.com/cchp> to sign up with your FREE personal dietitian, and sign up through the app/website to start saving money and time on eating well!



People who work with a Foodsmart registered dietitian nutritionist:

- See **20%** more weight loss*
- Save **34%** on their groceries
*among those with obesity

See what other users are saying:

"Visiting with my nutritionist was very easy. She listened well to me and my needs. She showed me how to use the app and how to get better results. She was very knowledgeable about my conditions."

"I enjoyed the telehealth visits. Lisa is warm, empathetic, and gives wonderful guidance and information to help me get healthier!"

Sign up for a free appointment!

